

Full Report (All Nutrients) 45185112, FRESH GROUND BEEF, UPC: 713733185400

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Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer Meijer, Inc.

Nutrient	Unit	Data points	Std. Error	4.0 ONZ 112g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	280	250
Protein	g	--	--	19.00	16.96
Total lipid (fat)	g	--	--	22.00	19.64
Carbohydrate, by difference	g	--	--	0.00	0.00
Minerals					
Iron, Fe	mg	--	--	1.80	1.61
Sodium, Na	mg	--	--	75	67
Vitamins					
Lipids					
Fatty acids, total saturated	g	--	--	9.005	8.040
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	80	71
Amino Acids					
Other					
Ingredients					
GROUND BEEF <i>Date Available:</i> 10/21/2016 <i>Date Last Updated by Company:</i> 10/21/2016					